Advanced Dental Concepts & Evolution Fitness present

Fitness & Dental Health Celebration

Wednesday, May 31 from 6 to 8 p.m.

7954 E 108th Ave. in Winfield (Evolution Fitness, behind Advanced Dental Concepts)

- **Tree gift bags for the first 100 guests * Pictures with the Tooth Fairy**
 - **Bounce House Face Painters Kids Obstacle Course**
 - * Register to win three months of unlimited gym membership *
 - Register to win a free a whitening treatment *
 - Register to win a children's spin toothbrush 💸
 - Register to win three months of gym childcare *

Meet the Advanced Dental Concepts staff!



Meet Dr. Shaun Freeman and the Advanced Dental Concepts staff. The dental professionals will be on site to answer your questions about oral health. Discover how a healthy smile can help you look younger. Learn about conditions linked to oral health. Ask the professionals your dental questions!



219.310.1180 www.adc4smiles.com



219.232.4918 www.joinevolutionfitness.com

Please bring a friend. Get lean & clean in 2017.

Evolution Fitness Class Demonstrations

Join our instructors and members for 10 minute demonstrations!



- 6:00 p.m. Low Impact Cardio
- 6:20 p.m. Reps
- 6:40 p.m. ZUMBA
- 7:00 p.m. Yogalates
- 7:20 p.m. Cardio/Core
- 7:40 p.m. Bootcamp

Tour the gym and see our weights and equipment. Visit our large classroom area. Bring your kids to see the childcare room.